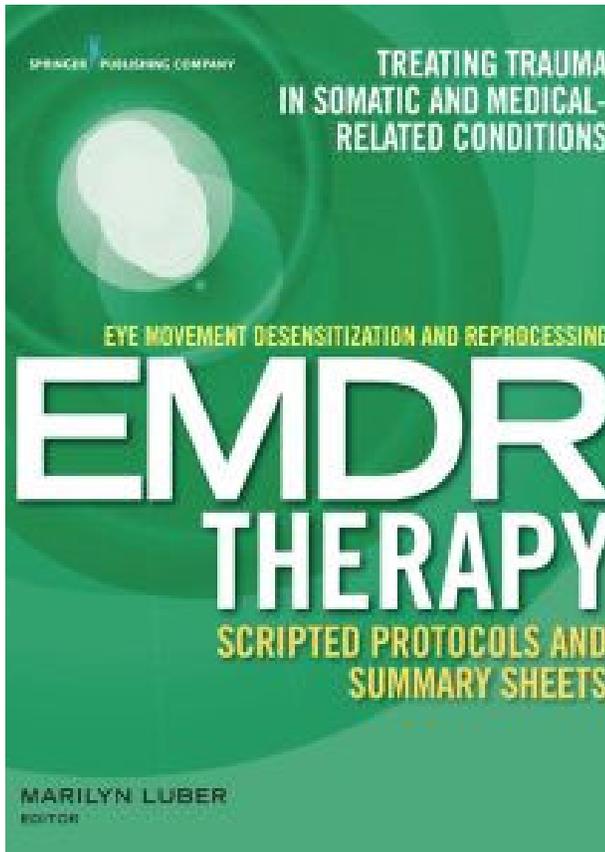




EMDR

ADVANCED TRAINING & DISTANCE LEARNING

Distance Learning Book Courses



Authored by expert Marilyn Luber, this EMDR Therapy book is the first to focus on applying EMDR scripted protocols to medical related conditions. Edited by a leading EMDR scholar and practitioner, it delivers a wide range of step-by-step protocols that enable beginning clinicians as well as seasoned EMDR clinicians, trainers, and consultants alike to enhance their expertise more quickly when working with clients who present with medical-related issues. The scripts are conveniently outlined in an easy-to-use, manual style template, facilitating a reliable, consistent format for use with EMDR clients.

The scripts distill the essence of the Standard EMDR Protocols. They reinforce the specific parts, sequence, and language used to create an effective outcome, and illustrate how clinicians are using this framework to work with a variety of medical related issues while maintaining the

integrity of the AIP model. Following a brief outline of the basic elements of EMDR procedures and protocols, the book on EMDR focuses on applying EMDR scripted protocols to such key medical issues as somatic disorders, medical related trauma, cancer, multiple sclerosis, hyperemesis gravidarum, and birth trauma. It includes summary sheets for each protocol to facilitate gathering information, client documentation, and quick retrieval of salient information while formulating a treatment plan.

Key Features:

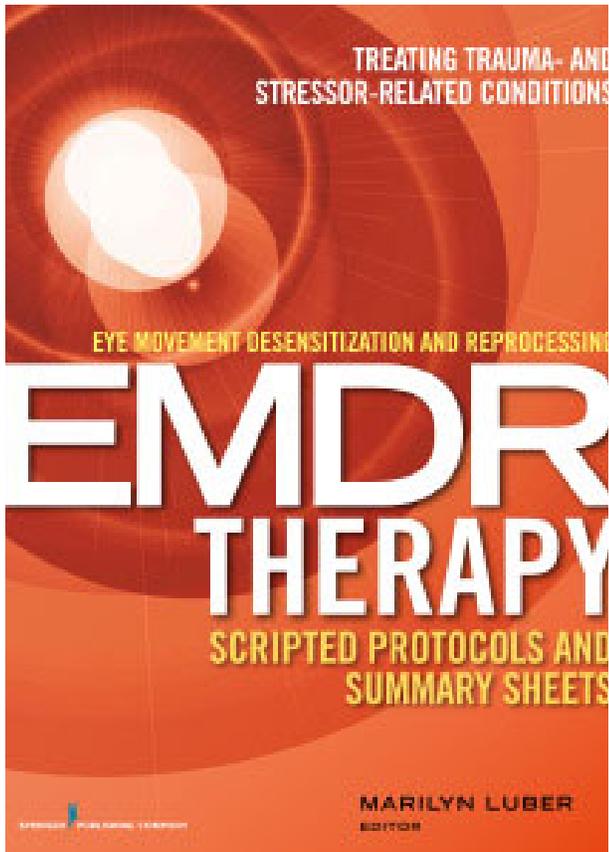
- Encompasses a wide range of step-by-step scripts for medical-related issues
- Includes scripted protocols and summary sheets in strict accordance with the AIP model
- Facilitates the rapid development of practitioner expertise
- Outlined in convenient manual-style template
- Includes scripts for EMDR treatment of clients with cancer, somatic disorders, MS, sexual disorders, and more



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EMDR Therapy is a psychotherapy approach based on standard procedures and protocols.

Using EMDR Thera's standard procedures and protocols as its template, this book presents step-by-step scripts that enable new practitioners and seasoned EMDR clinicians, trainers, and consultants alike to incorporate EMDR Therapy into their case conceptualizations and treatment plans while working with patients who have issues related to trauma- and stressor-related conditions. These scripts can be put to use immediately and retain the complete integrity of EMDR Therapy by presenting the three-prong protocol (past memories, present triggers, and future templates) and the 11-step procedure essential to the standard practice of EMDR Therapy. They reinforce the specific parts, sequence, and language used to create an effective outcome, and illustrate how clinicians are using this framework to work with a variety of therapeutic difficulties and modalities while maintaining the integrity of the Adaptive Information Processing (AIP) model.

This text covers the use of EMDR Therapy with such conditions as reactive attachment disorder, PTSD, acute stress disorder, and persistent complex bereavement disorder, as well as with traumatized patients with psychosis, trauma in emergency (911) telecommunicators, and compassion fatigue. Scripts and summary sheets simplify the gathering of information and ensure documentation in clients' charts in a consistent format. This facilitates quick retrieval of the essential issues and components needed by clinicians to create appropriate treatment plans and easy access to client information.

Key Features:

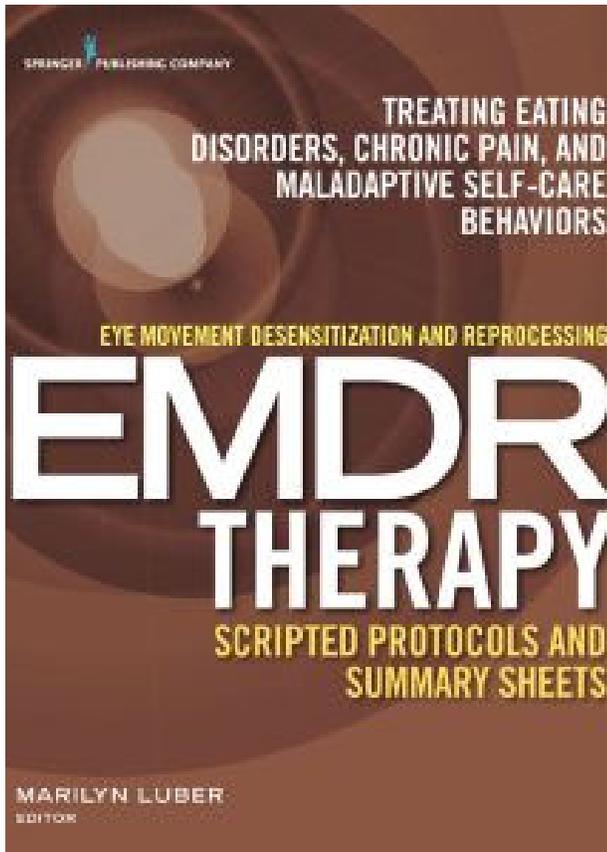
- Describes how to use EMDR Therapy based on its standard procedures and protocols
- Addresses working with issues related to patients with trauma- and stressor-related conditions such as reactive attachment disorder, PTSD, acute stress disorder, and persistent complex bereavement
- Provides step-by-step scripts that enable practitioners to enhance their expertise more quickly and assist consultants with consultation
- Describes the three-prong protocol and the 11-step procedure essential to EMDR practice
- Includes summary sheets for each protocol to facilitate the gathering and quick retrieval of client information
- Emphasizes the importance of self-care for clinicians



EMDR

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This one-stop resource focuses on applying EMDR scripted protocols to medical-related conditions. Edited by a leading EMDR scholar and practitioner, it delivers a wide range of step-by-step protocols that enable beginning clinicians as well as seasoned EMDR clinicians, trainers, and consultants alike to enhance their expertise more quickly when working with clients who present with medical-related issues such as eating and body image dysregulation, relationship distortion, chronic pain, and maladaptive self-care behaviors. The scripts are conveniently outlined in an easy-to-use, manual style template, facilitating a reliable, consistent format for use with EMDR clients.

The scripts distill the essence of the standard EMDR protocols. They reinforce the specific parts, sequence, and language used to create an effective outcome, and illustrate how clinicians are using this framework to work with a variety of

medical-related issues while maintaining the integrity of the AIP model. Following a brief outline of the basic elements of EMDR procedures and protocols, the book focuses on applying EMDR scripted protocols to such key medical issues as eating and body image dysregulation, chronic pain experiences such as migraine and fibromyalgia, and maladaptive self-care behaviors. It includes summary sheets for each protocol to facilitate gathering information, client documentation, and quick retrieval of salient information while formulating a treatment plan. Protocols for clinician self-care add further to the book's value.

Key Features:

- Encompasses a wide range of step-by-step scripts for medical-related issues
- Includes scripted protocols and summary sheets in strict accordance with the AIP model
- Facilitates the rapid development of practitioner expertise
- Outlined in convenient manual-style template
- Includes scripts for EMDR treatment of clients with eating disorders and body image dysregulation, headaches, fibromyalgia, relationship distortion, maladaptive self-care behaviors, and more

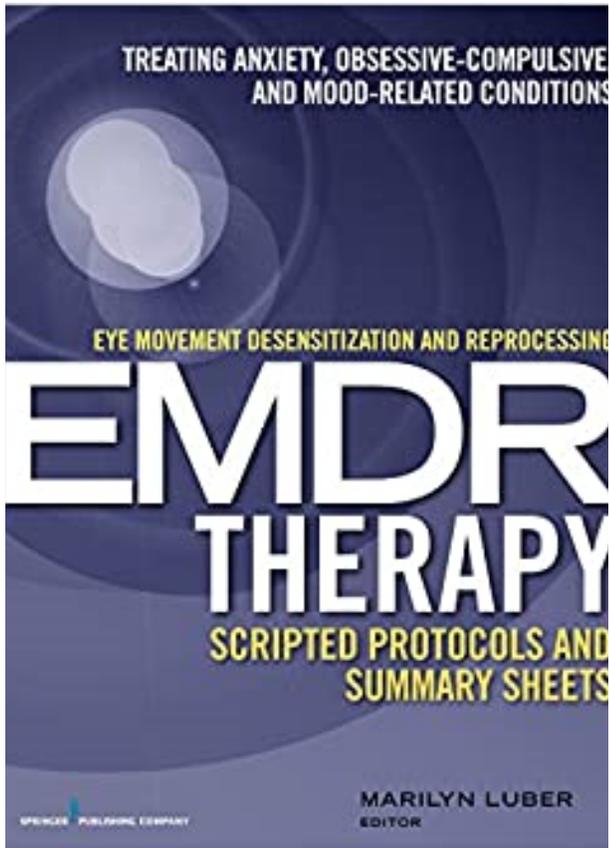


EMDR

ADVANCED TRAINING & DISTANCE LEARNING

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EMDR Therapy is a psychotherapy approach based on standard procedures and protocols. This book



is an important resource that focuses on applying EMDR Therapy to anxiety, obsessive-compulsive, and mood-related conditions using EMDR Therapy's standard procedures and protocols as its template. The scripts distill the essence of the Standard EMDR Protocols and reinforce the specific parts, sequence, and language used to create an effective outcome. Also, it illustrates how clinicians are using this framework to work with a variety of conditions while maintaining the integrity of the Adaptive Information Processing (AIP) model.

Edited by a leading EMDR scholar and practitioner, it delivers step-by-step protocols that enable beginning practitioners as well as seasoned EMDR clinicians, trainers, and consultants to enhance their expertise more quickly when treating clients or groups of clients with these conditions. These chapters reflect the expertise of EMDR clinicians treating anxiety disorders including specific phobia, panic disorder, and generalized anxiety disorder; obsessive-compulsive disorders including body dysmorphic disorder, olfactory reference syndrome, and hoarding behaviors; and mood disorders including bipolar disorder, major depression, and postpartum depression. For each topic, the authors include relevant questions for history taking, helpful resources and explanations, frequently used negative and

positive cognitions, and information on case conceptualization and treatment planning.

Consisting of past, present, and future templates, the scripts are conveniently presented in an easy-to-use, manual-style format that facilitates a reliable, consistent procedure. Summary sheets for each protocol support quick retrieval of essential issues and components for the clinician when putting together a treatment plan for the client. These scripted protocols and completed summary sheets can be inserted right into a client's chart for easy documentation.

Key Features:

- Addresses working with issues related to clients with anxiety, obsessive-compulsive, and mood-related conditions such as specific fears and phobias, panic disorder with and without agoraphobia, body dysmorphic disorder, hoarding behaviors, bipolar disorder, depressive disorders, and postpartum depression prevention
- Describes how to use EMDR Therapy based on its standard procedures and protocols
- Provides step-by-step scripts that enable practitioners to enhance their expertise more quickly and to assist consultants with consultation
- Provides past, present, and future templates and the 11-step procedure essential to EMDR Therapy practice
- Includes summary sheets for each protocol to facilitate the gathering and quick retrieval of client information

ABOUT THE AUTHOR:

Marilyn Luber, PhD is a licensed clinical psychologist and has a general private practice in Center City, Philadelphia, Pennsylvania. In 1992, Dr. Francine Shapiro trained her in Eye Movement Desensitization and Reprocessing (EMDR). She has coordinated trainings in EMDR-related fields in the greater Philadelphia area since 1997. She teaches Facilitator and Supervisory trainings and other EMDR-related subjects both nationally and internationally and was on the EMDR Task Force for Dissociative Disorders. She was on the Founding Board of Directors of the EMDR International Association (EMDRIA) and served as the Chairman of the International Committee until June 1999. Among the prestigious honors Dr. Luber has received are the Francine Shapiro EMDR International Award (2005), the Outstanding Contribution EMDRIA Award (2003), and the EMDR HAP Humanitarian Services Award (1987). Dr. Luber is also a member of APA, ISTSS, and ISSTD. In 2014, she was part of the Scientific Committee for the EMDR Europe Edinburgh Conference. Currently, she is a facilitator for the EMDR Global Alliance to support upholding the standard of EMDR worldwide. She has worked as a Primary Consultant for the FBI field division in Philadelphia. Dr. Luber has a general psychology practice, working with adolescents, adults, and couples, especially with Complex Posttraumatic Stress Disorder (C-PTSD), trauma and related issues, and dissociative disorders. She runs Consultation Groups for EMDR practitioners.

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